Directions for Completed Paperwork

1. Go to East Lake High School Website

\*Click on Athletics

 Print out: “Blank EL2 Physical Form”- Upload only page 2 of the physical form

 “BLANK PARTICIPATION FORM”

COMPLETE BOTH FORMS –

PHYSICAL-MUST BE ON THE FHSAA EL2 FORM

The physical must include: DOCTOR’S SIGNATURE, DATE, CLEARED WITHOUT LIMITATION MARKED ON PHYSICAL

PARTICIPATION FORM

1. Click on Concussion Certificate – follow instructions to watch the free concussion video. The athlete must submit his or her name which will show up on the certificate when complete.

The Concussion Course is available at nfhslearn.com. The Certificate must have the student’s name on it.

1. Go to East Lake High School website again and follow instructions for AthleticClearance.com (you will register so use a legitimate email in case you need to be notified of an incorrect form)

You will find this on the left of under Athletic Participation Packets

\*\*\*\*\*Have a picture ready of each of these forms saved to your computer\*\*\*\*\*

All **four** (4) forms that need to be uploaded to AthleticClearance.com should look like the examples on the next page.

No athlete may participate in tryouts or until this paperwork is complete

